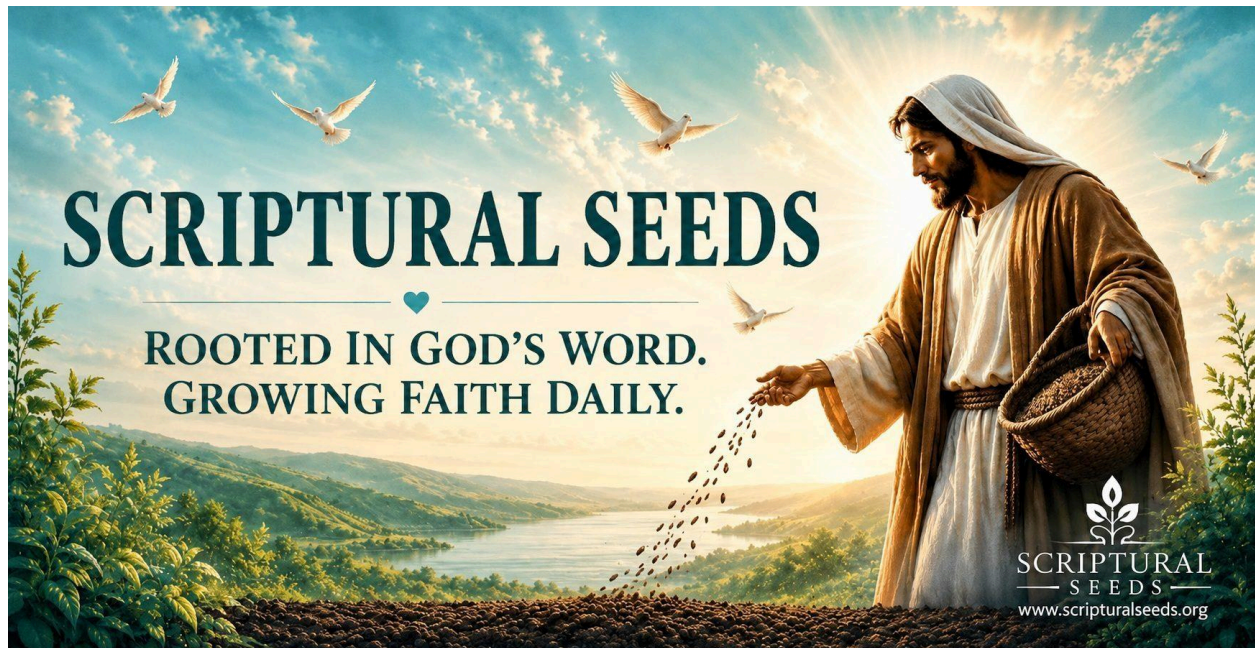




Bible Discussion:

Don't Return to What God Rescued You From

Opening Scripture:

18 "Forget the former things; do not dwell on the past. 19 See, I am doing a new thing! Now it springs up; do you not perceive it? (Isaiah 43:18–19)

Read:

Genesis 19:15–26; Luke 9:62; Philippians 3:13–14

1. What do Isaiah 43:18–19 teach us about God's ability to create a new beginning?
2. Why might someone feel drawn back to an old habit, relationship, or situation—even after being rescued from it?
3. In Genesis 19, Lot's family is urged to leave danger behind. What can this story teach us about taking God's direction seriously?
4. What does Jesus mean when He says that no one who looks back after putting a hand to the plow is fit for service in God's kingdom?
5. How can remembering God's faithfulness help us resist returning to something harmful?
6. What practical boundary or change can help you keep moving forward in the season God has brought you into?

Personal reflection:

What is one thing you sense God is asking you to leave behind, and what support or Scripture can help you stay faithful?

Closing prayer:

Lord, thank You for guiding us into new beginnings. Give us wisdom to recognize what we should leave behind and courage to keep moving forward with You. Help us support one another with grace and truth. Amen.